

President’s Message

DEAR MURA MEMBERS,

Time is flying by for me this fall I just visited my grandchildren in St Louis, where my oldest grandchild is a senior in high school! This is the same girl I mentioned in one of my email updates. She visited MU recently, and she was very excited about enrolling here. I’m very pleased to see impressive improvements in how Mizzou and other UM campuses are ranked. The State of the University presentation made by President Choi makes Mizzou look fantastic as a place to build your future.



Jim Scott

It’s been a busy time for MURA as well. In September, our Executive Committee had a great meeting with President Choi. We briefed him on key accomplishments, such as MURA’s contribution to the MU United Way campaign, and the work of our volunteers at the Mizzou Bookstore. We also bragged about the six scholarships we award to children of MU and UM staff. He was very impressed, and he offered us several interesting resources to assist us. We’ll follow up on each of his suggestions.

I’m so impressed with our Executive Committee and MURA’s Board of Directors. They give so much of their time and talents to our organization. It makes me proud.

Best wishes,
Jim Scott
MURA President
scottj@missouri.edu
573.268-8932

Benefits Changes

Betsy Garrett
Retiree Representative
Total Rewards Advisory
Committee

You may have already heard that changes are coming to our United Health Care Medicare Advantage Plans in 2025. These are related to changes in legislation such as the Inflation Reduction Act and changes implemented by the Centers for Medicare and Medicaid Services (CMS). These changes provide benefits which will be spelled out in the personalized enrollment letter you will be receiving soon (or have already received) from the UM Benefits Office, and some of these changes will result in increased plan costs.

The changes will be discussed during the Retiree Benefits Town Hall at 11 a.m. on Wednesday, October 9. I strongly urge you to join that webinar. To access this Zoom webinar, go to <http://umurl.us/StayConnected>.

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MURA Member Survey Results—Part 1

Ken Dean, MURA Past President

Introduction

In late June, MURA sent a survey electronically to 776 members who have supplied MURA with email addresses. This is the first of several reports that will be published in the Newsletter this year. Previous surveys of members were completed in 2018 and 2021. This first report deals with only a few of the questions asked. More will be forthcoming in future issues.

Respondent Characteristics

Interestingly, 266 responses were received—the exact same number of responses as the last member survey of August, 2021. This

response rate of 34.3% is slightly less than the 37% response rate in 2021. Respondent characteristics included the following:

- 95% University retirees
- 4% retiree spouses
- 50% MU alumni
- 34 were still part-time employees of the University
- 43% male
- 57% female.
- 48% were faculty at retirement

[Continued on page 2](#)

MURA Survey, continued from page 1

- 48% were staff at retirement
- 4% listed “other” as to their University roles at retirement
- 71% live in Columbia.
- 9% are within 25 miles of Columbia
- 13% live more than 100 miles from Columbia
- 11 retired before 2000
- 39 retired since 2020
- 192 retired between 2000 and 2020.

The percentage of faculty responding was a little higher than in 2021. The locations reported by respondents were remarkably similar to the 2021 results.

MURA Volunteers Are Valuable to MU

We asked if members volunteered time to MU or UM. If so, we asked them to estimate the number of hours each month they volunteer. In 2021, respondents estimated a total of 519 hours per month. In this survey, 53 responded, estimating a total of 490 hours per month. Again, remarkably consistent. The *Independent Sector* website places a value on each volunteer hour by state and nationally. For Missouri, the April 2024 data values each volunteer hour at \$31.16, which means that retiree volunteers are donating a total of \$15,268 per month value to UM/MU.

Responses Related to Benefits

We asked a few questions related to benefits, and as in 2021, MURA members are generally pleased with their benefits and the benefits options available to them. The benefits-related questions and responses are below:

Question 13. Are you enrolled in one of the two Medicare Advantage plans offered through UM System Benefits Office to retirees?

Question 14. If yes which plan?

	Number	Percent
Yes	219	84
No	42	16
Base	23	11
Enhanced	189	89

Questions 15,16 and 17 asked how satisfied members were with health benefit options, the value for the premium paid, and their interactions with UM benefits staff. As shown in the chart below, only a handful of respondents were “dissatisfied” or “very dissatisfied.”

	Options	Value	Interactions
Very satisfied	190	176	128
Somewhat satisfied	34	47	45
Neutral	9	13	59
Dissatisfied	8	8	8
Very dissatisfied	6	4	3
Total	247	248	243

Question 18. Are there any comments, feedback or questions you would like to share about your University-sponsored health plan? Sixty-nine members responded, and we have shared all those responses with UM administration. In general, MURA members are very happy with their health plans.

Question 19. Are there any comments, feedback or questions you would like to share about your University pension plan? Fifty-six members responded, and all responses were shared with UM administration. In general, most are happy to have a defined benefit plan but do wish a COLA would be considered.

Look for more survey results in the next issue of the *Newsletter*.



MURA Members Volunteer

Ted Tarkow, Chair
Kitty Dickerson Scholarship Committee

A record number of MURA volunteers—close to 40—helped the Mizzou Store and MU students as the fall term began. Thanks to their more than 80 hours of assistance, \$1,225 in new revenue is now part of the Kitty Dickerson Fund.

The Dickerson Scholarship Committee (Mark Banks, Susan Even, Dianne Orton, Nancy Schultz, Cathy Scroggs, and Ted Tarkow) now invites all MURA members to stop by any of the three **Shakespeare's on Wednesday, November 13**. Satisfy your Shakespeare's craving and simultaneously raise funds for the MURA Dickerson Scholarship. Print the "coupon" for this event or bring it to Shakespeare's on your phone—the coupon is available on page 10 and will also be sent via MURA's bi-weekly email Updates, so be sure to watch for it.

Our efforts, together with the annual distribution from the Endowment and support from President Choi, mean that MURA is sponsoring six Dickerson Scholars this year. The six include our newest recipient, Anna Babic, an alum of Battle High School and now a sophomore pursuing a health sciences major.

The Scholarship Committee works hard with MU's Student Financial Aid Office to ensure that the selection each year is consistent with the criteria outlined in endowment papers. By maintaining a database of the MU records of the recipients and by engaging in various fundraising activities during the year, the Committee hopes to honor the legacy of Kitty Dickerson, whose leadership in MURA set in motion this good use of retiree talent.

The Committee welcomes ideas from other MURA members on how to build on our good momentum.



MURA Actuals for FY 2024 and FY 2025

	Actual Thru 9/30/24	Actual FY 2024	Percent of Prior FY
Operating Activities Supported by Member Dues and Investment Income			
Receipts			
Due - annual	\$ 162.50	\$ 225.00	72.22%
Dues - lifetime	675.00	1,762.50	38.30%
Donation to scholarship fund	0.00	35.00	0.00%
Sponsorships—Tiger Place & MU	0.00	9,000.00	0.00%
Educational seminars registration receipts	0.00	740.00	0.00%
Investment income - Vanguard	1,032.46	4,021.38	25.67%
Total Operating Receipts	1,869.96	15,783.88	11.85%
Disbursements			
Business meeting	0.00	1,143.23	0.00%
Orientation meeting, Board meeting expenses	15.88	16.79	94.58%
Educational seminars	0.00	1,436.70	0.00%
AROHE dues	0.00	120.00	0.00%
Flagship Council	0.00	250.00	0.00%
Copies, printing services	291.01	1,081.55	26.91%
Post office box rent and postage	0.00	218.00	0.00%
Software (WinHost, Jotform, Adobe)	426.39	672.27	63.43%
State of Missouri Secretary of State filing fee	20.50	10.50	195.24%
Payment to University for Kitty Dickerson Schp	0.00	35.00	0.00%
PayPal fees assessed against dues payments	20.05	41.88	47.87%
Miscellaneous	0.00	124.85	0.00%
Total Operating Disbursements	773.83	5,150.77	
Excess of Operating Receipts over Disbursements	1,096.13	10,633.11	10.31%
Self-Supporting Social Activities			
Holiday Luncheon			
Receipts - Members	0.00	2,525.00	
Receipts - Sponsorship from Central Trust	2,000.00	2,155.47	
Disbursements - PayPal	0.00	84.30	
Disbursements - Holiday Inn Exec Ctr, pianist	0.00	4,596.17	
Net Receipts (Disbursements)	2,000.00	0.00	0.00%
Shakespeare's Fundraiser			
Receipts	0.00	325.31	
Disbursements-MU for Kitty Dickerson Schp	0.00	325.31	
Net Receipts (Disbursements)	0.00	0.00	0.00%
Spring Event			
Receipts	0.00	890.00	
Disbursements - PayPal	0.00	45.33	
Disbursements-MU for Kitty Dickerson Schp	0.00	844.67	
Net Receipts (Disbursements)	0.00	0.00	0.00%
Breakfasts			
Receipts - Members	2,295.00	9,916.00	
Receipts - Sponsorship from Central Trust	2,000.00	1,844.53	
Disbursements - PayPal	98.38	422.97	
Disbursements - CCMO, supplies	1,557.67	12,793.89	
Net Receipts (Disbursements)	2,638.95	(1,456.33)	(181.21%)
Other Receipts (Disbursements)			
Transfer to investment account	0.00	(1,762.50)	
Transfer from investment account			
Net Increase (Decrease) in Cash During Period	5,735.08	7,414.28	
Cash Balance, Beginning of Period	12,677.91	5,263.63	
Cash Balance, End of Period	\$ 18,412.99	\$12,677.91	
Investment Assets			
Lifetime members reserve account	\$ 116,797.90	\$ 110,478.57	

Benefits Changes (continued from page 1)

Here is a partial listing of the changes.

Part D Drug Plan Changes in 2025 (Both Base and Enhanced Plans)

The University's Part D benefit will add a \$590 annual deductible for prescription benefits starting in 2025. The Part D maximum out-of-pocket cost will drop from \$4,130 to \$2,000 per year starting in 2025 to comply with the CMS mandate.

Base Plan

There will be no medical plan design or premium changes for 2025.

Enhanced Plan

There will be no medical plan design changes for 2025. In order to maintain the current plan design with no medical deductible or medical copays, the Enhanced Plan will see an increase in premiums for 2025. In 2025, Silver Sneakers will replace the Renew Active program.

Be sure to read your personalized enrollment letter for more details and links to further information.



MURA Financials

Brian Sanders
MURA Treasurer

The MURA Statement of Cash Flows as of September 30, 2024 provided [on page 3](#) reflects a cash balance of \$18,412.99. This represents only the first quarter of the fiscal year, so operating receipts are less than 21% of the projected budget, and operating disbursements are under 12% of the projected budget. Operating receipts include \$1,032.46 from investment income from an asset pool established from lifetime membership dues, which amounts to 26% of the projected budget for this line item.

There are a variety of social activities planned for the remainder of the fiscal year. These activities are traditionally considered self-supported by receipts from MURA members and from Central Bank and Trust's sponsorship. We thank Central Bank and Trust for this generous support. MURA has already received the requested sponsorship for the fiscal year, so receipts from social activities currently show a surplus. As of September 30, only one of the monthly breakfast meetings has taken place.

The Investment Assets pool was established from lifetime membership dues. The income from these investments provides continuing services for lifetime members as they no longer pay membership dues. These assets are currently invested in the Vanguard Wellesley Income Fund.

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MURA Awards Committee Needs Your Help

Dick and Donna Otto
Co-chairs, MURA Awards Committee

We need your HELP! Please start thinking now about nominees for Chancellor's Retiree of the Year Awards for 2025. The MURA Awards Committee is asking for your help in finding folks who are worthy of being recognized as the Chancellor's Retiree of the Year for 2025. Please drop an email to Co-chair Dick Otto at OttoR@missouri.edu with the names of individuals, and the **Committee** will take it from there.

A few basic points: To be eligible for the award, the nominee must have retired from the University prior to January 1, 2019—retired or no longer actively employed, with at least five years of service. The award is to recognize our former colleagues who provide volunteer service to their community, university, or professional or civic organizations.

There are two awards, one for a former faculty member and one for a former staff member. All of us, as community members, know folks that meet the qualifications to be considered for these awards. Please let us know who these folks are!

L. Jo Turner and Rick Wise were award winners for 2024. A complete list of past awardees may be found at <https://mura.missouri.com/chancellors-retiree-of-the-year-awards/>.

Forms and additional information will be provided in future newsletters.

Retiree Parking Policy

Mark Stewart
Co-chair, MURA Ombuds Committee

The changes this year to the Mizzou parking plan raised questions for some Mizzou retirees. As the plan unfolded for this academic year, there were limited changes that impact retirees:

- Cost increased to \$85 per year
- Level III of the PS 7 (between the Medical Center and the Missouri Orthopedic Institute) is not part of the retiree parking pass



If you missed renewing your parking pass when the renewal announcement came out, you can start the renewal conversation by emailing the parking office at muparking@missouri.edu.

If you are a retiree who has not previously purchased a pass, you may get one at any time. They ask that new purchases be taken care of in person as the \$85 yearly charge is prorated as the year progresses. The parking office is located at 121 General Services Building, 900 E. Stadium Blvd.

If you are a retiree who is now a part-time employee, you cannot exceed 49.75 FTE and qualify for a retiree pass.

mura-missouri.com

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Members Suggest: Things To Do with Grandkids



At left: One of the joys of grandchildren is spending time with them, particularly on your own—no parents, no siblings. When our oldest granddaughter, Bridget, was four, Charlotte told her we would take her on a trip of her choosing when she reached 12 or 13. In the fall of 2022, Bridget reminded us and she had an itinerary in mind. She wanted to visit Paris and London. It caught us by surprise, but we have both traveled quite a bit. We could serve as our own travel agents and thus kept expenses within reason. In 10 days, we were able to take in all the sights Bridget had on her list. The quality time we spent with her cannot be measured. We truly got to know her as a young person, and she enjoyed being with us. She told me she appreciated some of life's lessons I taught her as we walked and talked.

Our grandchildren are stair steps in age. Truman traveled with us to London and Scotland this past summer. He loved Edinburgh and hiking in the surrounding area. Bowman is starting to plan his trip for summer 2025. The last grandchild, Finley, will travel in 2026. We thoroughly recommend blocking out a period of time with each grandchild in whatever way works for you. The memories and experiences will stay with you forever.

—Kenneth Dean



Above: We're always open by appointment (alpacas@curlyeye.com) for farm visits to see the alpacas. We saw a big uptick during the pandemic when folks were desperate for outdoor activities to do with kids.

—Mary Licklider

At right and below: Water, dogs, fish, flyrod and kayak = big smiles this summer!" Grandson Elliot and photobomb dog Gaston seem to agree. For fishing around Columbia, check out MU fishing lakes at <https://mizzoufishinglakes.wordpress.com/>.

—Mark Stewart



Above and at left: I usually watch my two smallest grandchildren when Columbia Public Schools are not in session. Weston is 5 years old and his sister, Joules (pronounced Jewels) is 3. During one of their breaks, I took them to "Tiger Bounce" in the Rock Bridge Shopping Center. They had a great time!

—Sherri Helms



*A great partnership
for our MURA breakfasts
and holiday social.*



November Breakfast New MU Children's Hospital

Mary Leuci, Chair
MURA Program & Education Committee

Please plan to join your MURA colleagues for the breakfast program at 8:00 a.m. on November 12. Dr. Tonya Johnson, DNP, RN, NEA-BC, FACHE, University Health System Chief Operating Officer, will provide information on the new Children's Hospital, which will go above and beyond to create the best care environment for kids and their families.



Tonya Johnson

As part of the MU Health System's reimagined space for women's care, the brand-new birthing center will create the best beginnings for moms and babies.

Dr. Johnson joined the University of Missouri Health System on July 1 after over 25 years of progressive leadership roles in community and academic medical centers in Pennsylvania and Massachusetts. Capitalizing upon her innate ability to break complex challenges into smaller and better-understood steps that lead to improved outcomes, she transitioned from chief nurse roles to operations leadership in 2018. As chief operating officer, she leverages her passion, clinical acumen, innovation, and LEAN mindset to improve efficiency, access, and overall value for healthcare patients.

A lifelong learner, Dr. Johnson began as a diploma graduate nurse and went on to obtain a BSN, MSN, and DNP. She most recently achieved Fellowship from the American College of Healthcare Executives and regularly mentors healthcare students and leaders. Dr. Johnson enjoys kick-boxing, family time, and giving back to the community.



December Breakfast Winston Churchill & the Power of Prose

Mary Leuci, Chair
MURA Program & Education Committee

As part of a global commemoration of the 150th anniversary of Winston Churchill's birth, MURA's breakfast program on December 3 at 8:00 a.m. will feature Timothy Riley, the Sandra L. and Monroe E. Trout Director and Chief Curator for America's National Churchill Museum at Westminster College.



Timothy Riley

American broadcaster Edward R. Murrow once quipped that Winston Churchill "mobilized the English language and sent it into battle." Churchill informed and inspired Britain during the Second World War, and his speeches and writings played important roles in the Allied victory.

Timothy Riley received his baccalaureate from Lawrence University in Appleton, WI, before pursuing graduate study at Columbia University in New York City. He previously served at The Cloisters, a part of The Metropolitan Museum of Art, and at The Trout Museum of Art. He was inducted into the Association of Churchill Fellows of Westminster College in 2016.

Mr. Riley has curated Churchill exhibitions throughout the US, including aboard the *Queen Mary*. He recently contributed a chapter examining speeches by Winston Churchill and Mikhail Gorbachev in *The End of Cold War and Its Aftermath*. He also is a contributing editor for *Finest Hour*, the journal of the International Churchill Society.

He serves as an *ex-officio* member of the Board of Governors of the Association of Churchill Fellows of Westminster College and the Board of Directors for the International Churchill Society-United States.

Find MURA on Facebook!



Search for MURA.
Select "MU Retirees Association-MURA."
Give us a thumbs up!

MURA's Network Collaboration Team

Ruth Tofle, MURA Co-Historian

It is said that filmmaking is the ultimate team sport, and the better the collaboration, the better the chance for a successful film. Likewise, it can be said that courting and maintaining key collaborators has led to the vibrant success of the MU Retirees Association (MURA).

This *network collaboration* approach builds and leverages professional relationships to access diverse expertise, perspectives, and resources. While on a smaller scale than Hollywood, MURA benefits from this style of collaboration with its own network of partners. Demonstrating its value, Section 6 of MURA's Constitution and Bylaws states: "The Board shall . . . Maintain liaison with any group or organization in the interests of the Association."

MURA's organizational liaisons are directly related to its four objectives: advocate for retirees, contribute to the University family, communicate, and educate and socialize. MURA works with the University of Missouri System, Mizzou campus, and community organizations to advance these objectives.

UM System Office of Engagement and Outreach

MURA's collaboration with several units at the University of Missouri System level is arguably its most critical partnership. Under the umbrella of the Office of Engagement and Outreach, retiree associations comprise a "constituent group."



The Office works with a number of groups as it goes about furthering its important outreach mission to Missouri, the nation and world. For more information on the Office of Engagement and Outreach, see <https://www.umsystem.edu/ums/engagement-outreach>.



UM System Retiree Associations

The University of Missouri System consists of four universities, and each has its own retiree association similar to MURA. Leaders of the four retiree associations meet regularly to address issues and maintain ongoing communication with the UM System. MURA does not have an MU budget-line for ongoing funding but has received special request funding in the past two years.

The retiree associations at each UM System university advocate for their retiree communities and actively contribute to the welfare of their institutions. For more information, see <https://www.umsystem.edu/ums/engagement-outreach/um-system-retirees-associations>.

UM Total Rewards Advisory Committee (TRAC)

The UM System works with retiree association leaders to host the annual UM town halls on health benefits. Furthermore, MURA has a representative on the Total Rewards Advisory Committee where recommendations are made regarding retiree benefits.

TRAC "serves in an advisory capacity in matters related to benefits programs and in the treatment of pay and benefits as interrelated parts of the UM System's overall Total Rewards." For more Information about TRAC, see <https://www.umsystem.edu/trac>.



MU Extension - Osher Lifelong Learning Institute

Advancing education is a core objective and as such, one of the ways that MURA promotes life-long learning is through its relationship with the OSHER Institute, which is operated through MU Extension.

Osher@Mizzou "provides a variety of noncredit classes and other educational, cultural and social opportunities designed for individuals age 50 and over, all for the joy of learning." For more information about the Osher Institute and current offerings, see <https://extension.missouri.edu/programs/osher-lifelong-learning-institute/about-osher>.

Flagship Council



Mizzou is the flagship campus of the UM System, and as a result, MURA is a dues-paying member of the Flagship Council.

MURA's Governmental Affairs Committee, chaired by Mary Anne McCollum, works with the Flagship Council as its executive director.

"The University of Missouri Flagship Council is a private organization of alumni and friends working together to build and protect our historic flagship university." While the Flagship Council does endorse political candidates and engage in lobbying, MURA's membership does not support those activities, which is in keeping with MURA's 501(c)4 status. For more Information about the Flagship Council, see <https://flagshipcouncil.com/>.



United Way of Central Missouri

United Way of Central Missouri

Another MURA connection supports the United Way effort to strengthen the larger community in which many MURA members live. A MURA member, Dee Montgomery, is appointed to assist in fund raising for United Way. In recent years, retiree contributions have totaled approximately one third of Mizzou campus total donations.

The United Way of Central Missouri describes itself as "a local, volunteer-driven organization that improves lives by mobilizing the caring power of our community." For more information, see <https://www.unitedwaycemo.org/ourwork>.



Central Bank and Central Trust of Boone County
MURA’s operating costs are bolstered by fiscal support from Central Bank and Central Trust Company to help defray member costs for its breakfast series and holiday luncheon.

“Central Bank invests more than a quarter million dollars each year into more than 150 nonprofit organizations and their projects.” For more information, see <https://www.centralbank.net/boone-county/>.



TigerPlace
TigerPlace provides fiscal support for MURA’s annual meeting. “Initiated as a multidisciplinary service, education and research project at the Sinclair School of Nursing, TigerPlace is a model of gerontological education, research, care delivery and environmental design for the 21st century.” For more information, see <https://nursing.missouri.edu/research/tigerplace/>.

Association of Retirement Organizations in Higher Education (AROHE)



On a national level, MURA is a member of the Association of Retirement Organizations in Higher Education, which serves as a fountain of information for all aspects of retirement. MURA members are invited to participate in AROHE’s regular educational webinars and in the AROHE Travel Institute’s offerings.

“AROHE, founded in 2002, supports all phases of faculty/staff retirement through a dynamic member network that links retired faculty/staff associations, retiree and emeriti centers, and campus offices that engage retirees such as human resources, academic affairs, alumni, and advancement/development.” For more information, see <https://www.arohe.org/>.

This network collaboration team actively works to strengthen MURA. Thank you to all our partners!



Fall Webinar Vaccine Recommendations

Mary Leuci
Chair, MURA Program & Education Committee

Join us for this informative webinar on Tuesday, October 22, from 9:30 to 10:30 a.m. presented by Margaret Day, one of MU Health Care’s experts. Watch for the Zoom link in an upcoming email *Update* to members as no registration will be required.



Margaret Day

Margaret Day, MD, Family & Community Medicine, MU School of Medicine & MU Health Care, is one MU Health Care’s experts on vaccines. She is a board-certified Family Medicine physician, serves as the Vice Chair for Clinical Affairs and professor in the MU Family and Community Medicine Department, where she has conducted and published research on key issues such as electronic recordkeeping, maternal health, asthma, and warfarin patient safety. She obtained her MD from the University of Missouri as well as her MS in Public Health.



Free AROHE Webinar

Cyber Fraud and Personal Security Insights
Thursday, October 24
12-1 p.m. CDT

Cyber threats are everywhere, which is why it’s important to understand what it takes to keep yourself cyber-safe. AROHE is proud to team up with Fidelity Investments to offer this exclusive virtual workshop to share important information about common financial scams and ways you can monitor, protect, and safeguard your data.

Presenter: Gary Rossi leads Fidelity Investments Personal Security Insights Program, educating clients about cyber and personal security threats.



Gary Rossi

Mr. Rossi previously worked as a special agent for the Federal Bureau of Investigation (FBI), specializing in white-collar crime investigations, including financial frauds, cybercrimes, and public corruption matters.

Before the FBI, he worked as a CPA for Arthur Andersen & Co. and as a consultant for the cybersecurity consulting firm @Stake. Mr. Rossi holds a degree in accountancy and management from Bentley University.

To register, go to <https://www.arohe.org/event-5825195>.



United Way
of Central Missouri

2024 Heart of Missouri United Way Campaign Begins

Dee Montgomery, MURA Liaison, MU United Way Committee

The 2024 University of Missouri Heart of Missouri United Way Campaign kickoff event was held in front of Jesse Hall on September 26. This year's campus goal is \$500,000. A letter with campaign information was sent to all MU retirees. MU retirees are known for their very generous support of the MU campaign: we gave an amazing \$187,408 to last year's campaign—over 37% of the MU total!

No other organization has the reach and community connections of the Heart of Missouri United Way (HMUW). In 2023, over 22% of mid-Missourians received services because of caring people like the MURA members who made gifts to the HMUW campaign. Over \$2 million dollars was spent on community impact investments and supplemental programs. Programs funded in 2023 addressed a wide range of individual and family needs in Columbia and the surrounding community. Examples of these programs include the following:

- ◆ The **Senior Connect Program** of Services for Independent Living helps low-income senior citizens remain active and reduce their isolation with regular friendly visits.
- ◆ The **Extra Mile Program** of Love, Columbia teaches participants money management skills so that they are able to achieve such goals as buying a car and securing housing.
- ◆ The **CRIBS** program of First Chance for Children reduces sudden infant death syndrome, suffocation and entrapment deaths as well as child abuse by utilizing home visitation and access to health and safety items in times of need.
- ◆ The HMUW's long-term commitment to our community is evidenced by its award this year for 30 years of involvement in the Columbia Public Schools' **Partners in Education** Program. This program joins a local business or community organization with an individual school, curricular area, or grade level to enrich students' educational experiences.

I am impressed with the great work being done by the HMUW and its positive impact in the lives of vulnerable members of our community. And I am so very proud to be a member of a retirees' organization that gives so generously to HMUW and helps provide support, inspiration and hope to so many individuals and families.



Clockwise from left: Love, Columbia's Extra Mile Program celebrates major financial achievements. Participants in Services for Independent Living's Senior Connect Program celebrate the companionship and support offered by the program. Participants in Columbia Public Schools' Partners in Education program celebrate HMUW's 30 years as a Partner.





UPCOMING EVENTS

Date	Speaker/Program	Location	Time
October 10 and October 16	United Healthcare Informational Session	Teleconference 884.867.6169 Access code 7167001	10:00–11:30 a.m.
October 10 and October 16	United Healthcare Informational Session	www.webex.com Meeting # 2661 550 8262 Password UoM2024! Callin for audio only: 763.957.6400 Access code 2661 550 8262	2:00–3:30 p.m.
October 22	MURA Webinar: Vaccine Recommendations 2024-2025 Margaret Day, MD, MU Family & Community Medicine	Watch for the Zoom link in MURA email <i>Update</i>	9:30–10:30 a.m.
October 24	Free AROHE Webinar: Cyber Fraud and Personal Security Insights	Register at https://www.arohe.org/event-5825195	12:00-1:00 p.m
October 29 or 30	MU United Way Rally	Tables around campus	2:00–3:00 p.m.
October 30	Social with President Choi Register by October 21 at https://mura-missouri.com/event/mura-fall-social-october-30-2024/	Residence on the Quad Parking available in the Hitt Street Parking Structure	4:30–6:00 p.m.
November 12	The New MU Children’s Hospital Tonya Johnson, Chief Operating Officer, University Health System	Country Club of Missouri	8:00 – 9:30 a.m.
December 3	Tim Riley, Executive Director & Chief Curator National Winston Churchill Museum	Country Club of Missouri	8:00—9:30 a.m.
December 10	MURA Holiday Social	Holiday Inn Executive Center	10:00 a.m.–1:00 p.m.

Shakespeare's Pizza

👉 Downtown ~ West ~ South 👈

Fundraiser for *MU Retirees Association*

Wednesday, November 13, 2024

Friends of MU Retirees Association will make purchases (Dine in, Carry Out, or Delivery) at Shakespeare's Pizza then 15% of all those sales will be donated to *MU Retirees Association*.

- Present this flyer, tell us when you call in an order, or show us a copy on your phone when ordering. All day, anytime.
- We'll save a copy of your receipt and add them all up at the end of the night. 15% will go back to MU Retirees Association!
- Everything on the menu counts: pizza, salad, t-shirt, gift card, or drink.
- Take home some frozen pizzas for later. The more you buy, the more MU Retirees Association makes!

Dine-In* To Go

(573) 449-2454 (Downtown)

(573) 447-1202 (West)

(573) 447-7435 (South)

225 South Ninth Street, Columbia, MO 65201

3304 Broadway Business Park Court, Columbia, MO 65203

3911 Peachtree Drive, Columbia, MO 65203

This offer CANNOT be combined with ANY coupons or discounts. We kindly request that these flyers be handed out at least 623 feet from our Front Door.



MU Retirees Association

University of Missouri
PO Box 1831
Columbia, MO 65205-1831

