

MURA

MU RETIREES ASSOCIATION NEWSLETTER

University of Missouri

<http://mura.missouri.edu>

July 2010

Editor: Tom Freeman



From our president's desk

While serving as President-elect of MURA during 2009-10, I learned much about the organization and how it functions, as well as the importance of an active and involved membership.

I was privileged to work closely with Barton Boyle who did a great job keeping everyone focused on ways to improve retiree benefits as well as ways MURA members can continue to make significant contributions to the success of university programs. I benefited greatly from working with Barton and a very dedicated Board of Directors and tip my hat to them for a job well done.

As we approach the beginning of a new school year, I would like to challenge every MURA member to recruit at least one retiree to join our organization. Only through adding new members each year will MURA continue to maintain its status as a viable and respected organization to represent, promote, and protect the interests of retirees. The number of members is very important when it comes to MURA officers discussing retiree benefits with our university administration.

I also encourage members to become more actively involved in MURA programs. Your attention is called to the list of events scheduled for the 2010-11 school year in the right-hand column of this page. The fall information meeting and the spring business meeting provide opportunities for MURA members to become more aware of current issues that both directly and indirectly affect retirees. These meetings also serve as a forum for raising questions about things that concern them as well opportunities to express their viewpoints on matters they feel strongly about. Our Program Committee is always open to suggestions on topics to be covered at these sessions, so if you have a matter you feel should be addressed, or a question about your retirement benefits you need help with, please pass this on to President-Elect, Nan Erickson, who will be serving as the Program Committee chair this year.

Fall and Spring Socials, along with the Holiday Luncheon, will again be held at the Reynolds Alumni Center. They offer great opportunities to reminisce and to interact with former colleagues, as well as meeting new friends.

Another outstanding program, instituted by John Parker in 2007, offers an excellent opportunity to enjoy fellowship, fun, and a great breakfast topped off with an informative presentation on a timely topic. John has done a wonderful job of organizing this activity. (See the schedule for upcoming events on page 4.)

All of you are invited and encouraged to join us in enjoying the many benefits MURA membership has to offer. If you wish to learn more about MURA, go to our website mura.missouri.edu.

Fall 2010 events

Board of Directors Meeting

July 20 (Tuesday) 2:00 p.m.
Memorial Union S-110

Program Committee Meeting

September 22 (Wednesday) 3:00 p.m.
HyVee on W. Broadway

Board of Directors Meeting

September 29 (Wednesday) 2:00 p.m.
Memorial Union S-110

Fall Social

October 14 (Thursday) 4:00 p.m.
Reynolds Alumni Center
U-Club members \$6, non-members \$7
Phone for reservations at 882-2586
(Parking permit on page 7)

Fall Information Meeting

November 6 (Saturday, open parking)
Coffee 9:30 a.m., Meeting 10:00 a.m.
(Location to be announced in Oct. Newsletter)

Holiday Luncheon

December 11 (Saturday, open parking)
Coffee 10:30 a.m., Luncheon 11:30 a.m.
Reynolds Alumni Center
(Reservation form in October Newsletter)

573/882-2586



Contributions that continue—*retiree of the year awards*

STILL SERVING

Bob Marshall and Joyce Lake are retirees of the year

Mizzou's annual retirees luncheon is an event where former faculty and staff get together for a meal and a few hours of sharing memories about the good old days.

At this year's retiree luncheon, held May 18 at the Hearnes Center, Chancellor Brady Deaton and Gary Forsee, University of Missouri System president, were on hand to thank the nearly 250 attendees for their service and their continuing accomplishments.

The highlight of the event each year is the presentation of Retiree of the Year Awards to one retired faculty member and one retired staff member to acknowledge their contributions since retirement. This year, the awards were presented to Robert Marshall, professor emeritus of food science, and to Joyce Lake, the former director of alumni relations for the Mizzou Alumni Association.

Bob Marshall retired from the College of Agriculture, Food and Natural Resources in 1999, where he was especially known for inventing Mizzou's favorite frozen confection, Tiger Stripe ice cream. In the ten years since Marshall retired, colleagues say his record of service to the University, the community and even on the state and national levels make him a model of achievement for retired faculty members. "Bob is the glue that holds us together," says one member of the association. He has contributed to the health and early education of young children in mid-Missouri through his service on the board of Golden K Kiwanis, and has been active in projects that benefit pediatric cardiology research and health care at Children's Hos-



CAMPUS CONTINUITY At the annual retirees luncheon May 18 at the Hearnes Center, Chancellor Brady Deaton presented Retiree of the Year Awards to former staff member Joyce Lake and emeritus professor Robert Marshall.

Valerie Goodin photo

pital. He remains active in many professional dairy organizations, a leader in the FFA, and a judge at many Missouri State Fair dairy competitions.

Joyce Lake retired from the alumni association in 1999. Friends and colleagues say that "generosity" is the best adjective to describe Lake because she continues to give freely of her time as well as donating generously to the For All We Call Mizzou campaign. Lake was the first charitable gift annuity donor to the university. In 2006, she was a member of the planning committee for the alumni association's

150th anniversary celebration. Every week, Lake staffs the information desk in the Reynolds Alumni Center and is always ready to answer questions and give directions to visitors.

In her home community of Boonville, Lake volunteers for school and youth organizations, provides food to shut-ins and rides for Boonville's elderly citizens. She also sings in the choir and works in the office at the First Presbyterian Church in Columbia. Colleagues say her volunteerism, energy and productivity "bleeds black and gold." *Text taken from Mizzou Weekly 6/10/10*

About membership dues

by Ernest Hilderbrand

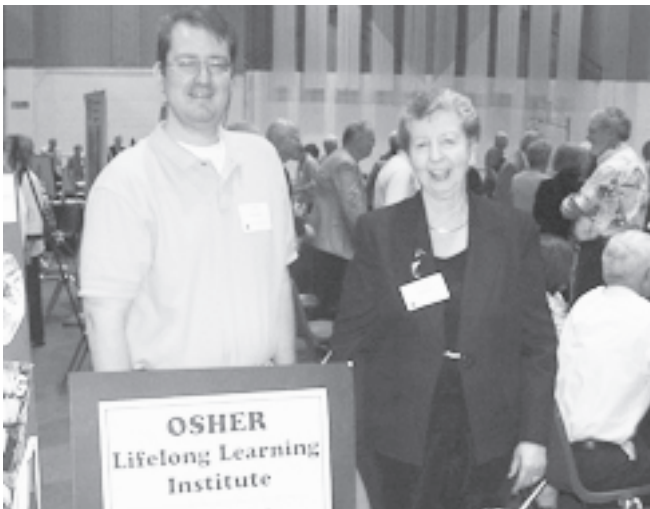


Please check your membership status and email address by looking below the return address on this newsletter. If it says 'Dues are due,' please pay your 2009 MURA dues. A lifetime membership makes it easier for everyone as concerns dues. If your email address is missing or incorrect, please send your correct email address to HilderbrandE@missouri.edu, or to some other MURA officer.

University Bookstore

— ♦ Since 1899 ♦ —

Retirees luncheon attracts growing number of exhibits



Ray Schroeder spring picnic drew a returning hungry crowd



Breakfast lectures continue—*fall 2010*

MURA breakfast programs for the past season saw a continued increase in participation, with a high of over 90. For the coming season, we'll continue to meet on the first Tuesday of each month, at Jack's Gourmet Restaurant, beginning at 8:00 a.m. Upcoming programs for the fall include the following:



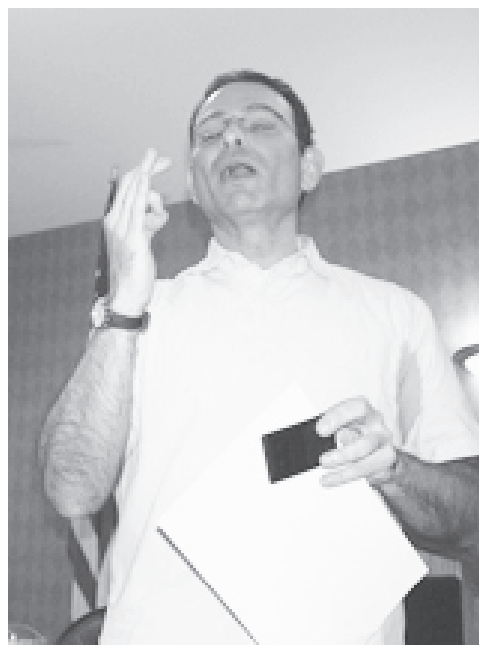
by John Parker

Sept. 7—Tony Alioto, Professor and Schiffman Chair in Ethics, Religious Studies, and Philosophy, Columbia College, *Buddhist principles for living and a very short course in meditation.*

Oct. 5—Michael Budds, MU Professor of Music, *My life as grand opera or a Broadway musical.*

Nov. 2—Larry Brown, MU Professor of Cultural Geography, *Religious diversity in Missouri.*

Please remember that it's very important to register in advance for these programs to allow the folks at Jack's to have an accurate count for breakfast. To register for each program, you should phone G.B. Thompson at 445-4339 or by emailing G.B. at gbt4cd@mizzou.edu



Conductor Alex Inneco dramatized
A History of Classical Music



Larry Brown presented *A cultural history of Missouri*



The aging front

by Ann Gowans

I have been reviewing two books that discuss problems and costs of how we might care for the burgeoning population of seniors. The opposing views discussed in these books talk about the finances that will be involved as well as the quality we hope to provide.



The first book, *Taming the Beloved Beast: How Medical Technology Costs Are Destroying Our Health Care System*, was written by philosopher and theologian Daniel Callahan, who takes the position that people should be allowed to live only a 'natural life span' in order to protect our society from bankruptcy. He argues that, our individual definitions of what constitutes a full life cannot be the norm for

setting national policy, and that we must completely reorganize our health care system and make some painful changes in our fundamental values and ideas regarding our 'identity.' Exactly who decides what a natural life span might be is the central question that he leaves unanswered.

The second book, *Eternity Soup, Inside the Quest to End Aging*, by Greg Critser, is a defense of using technology to increase human life-span to great ages, perhaps a thousand years. The proverbial fountain of youth lives again in these ideas as physicians and scientists attempt to conquer disease and disability that we face as we age. One example of a solution currently in vogue is caloric restriction to slow the aging process. We can see that the fountain of youth argument is alive and well when we remember that a recent Nobel Prize in Physiology of Medicine was shared by three biologists for their discoveries in the area of human longevity.

I assume that part of the solution to the huge costs associated with this view is that the practice of using technical methods to extend our lifespans would overcome the problems associated with the plan. How we might accommodate crowding and other factors associated with growth in an aging population are not addressed.

Callahan argues that this *infinity model* of health care is becoming unaffordable, actually nearing the limits of economic plausibility and putting aside other needs. He believes that the aim of health care should be to help us have a good chance of progress as we approach the 'golden age,' not to go from being old to being indefinitely older. He believes that *just as death ought not to be taken as the ultimate enemy of human life, health should not be taken as the ultimate good.*

I will leave it to you to decide where you stand in this argument.

Michael J. Paden, Assoc. VP Benefits, UM System, retires



Mike Paden, known and respected by all in our university community for his friendship and expertise in all matters related to UM benefits, retired this past spring. In addition to the many demanding activities associated with his job, Mike was a generous and regular contributor to the pages of this humble newsletter.

At a recent meeting of MURA's Board of Directors, our board unanimously voted to bestow lifetime memberships in MURA—with all privileges appertaining thereto—upon Mike and his wife, Carri.



The Health Connection

Hillcrest Hall on Stephens College
Campus at the corner of William and Walnut
(next to Boone Medical Plaza) ph. 882-1718.
Web address: <http://www.muhealth.org/body.cfm?id=239>

Retirement, health, and other benefits advisory committee—report



by Al Hahn

Our committee held its last meeting of the 2009–2010 academic year May 13. The minutes of that meeting is expected to be up on our web site by mid-July. Most notably, Michael Paden has decided to retire, and the committee wished him a most happy retirement with a pot-luck luncheon at the meeting. Mike's counsel, sage advice, and keen insights will be sorely missed. He has provided our committee with important information throughout its history.

Important news: The Retirement fund is in good condition and has gained back much of its losses from the last two years. A higher percentage of salaries and wages will need to be put into the fund inasmuch as expectations for gains have been tempered by the recession. Nonetheless, the fund is actuarially sound and is managed such that retirees can continue to expect their retirement to be funded at agreed upon levels. Politically, an attempt to bring other retirement funds into the Missouri State Employees Retirement System (MoSERS) did not occur. Some of that discussion can be seen in our committee minutes at <http://www.umsystem.edu/ums/departments/fa/treasurer/retirement/>

If you wish to learn more about our committee's charge, you can go to <http://committees.missouri.edu/retiree-benefits/index.php>, and you can view the see current membership at <http://committees.missouri.edu/retiree-benefits/members.php>. Current retiree members include myself, John Bauman, Doris Littrell, and Marge Leavene. A new committee will be appointed for the 2010-2011 Academic Year.

If any of you have comments, suggestions, or items you would like to have discussed by our committee, please let me know. My email is hahna@missouri.edu, and I can usually be reached by phone at 573-474-4037.



Our March business meeting featured a number of speakers

Gary Smith presented a pictorial of the history of buildings on our MU campus

A message from Mel George



In the past year, a group of representatives of Alumni Corporations of MU fraternities has been formed. One of its major goals is to help our fraternities improve their academic performance—a worthy goal indeed—and I am part of this group, writing on their behalf. One thing that a couple of MU chapters has successfully tried is to have a volunteer academic advisor (faculty or staff) work with the fraternity to develop study hours, to connect with campus resources (e.g., our Student Success Center) for students who need some extra academic help, to urge high academic standards for recruiting and retaining members, and so forth. There are other chapters who would like to have such an advisor but don't know how to find an appropriate person to help our students do better academic work. I suggested that MURA might be a good source of advisors, so I am writing to let you know about this opportunity. If this is something you might consider doing, please contact me at georgemd@missouri. I can send you a brief 'job description' our group has developed and put you in touch, if you wish, with a current chapter academic advisor to talk about how this works. Then, if you would like to try this, I'll make your potential interest known through the alumni corporation to interested fraternities. Thank you.

OSHER Lifelong Learning Institute at the University of Missouri

Lucille Salerno, PhD., Director
SalernoL@missouri.edu
 213 Heinkel Building
 (573) 884-5927

Web: extension.missouri.edu/learnforlife

Seeking 'people persons'...
*—who know and are known—
 with boundless interests and
 curiosity!*



Picture yourself helping to discern the needs of older generations, using the findings to devise interesting, cognitively stimulating experiences for folks in central Missouri whose quest is to remain vital and to grow in knowledge and understanding of this amazing, changing global society in which we live. An ability to find competent, passionate teachers, proud of their art, who choose to bring their skills and specialties into classrooms – and are pleased to be compensated with little more than sincere appreciation and gratitude. Instructors and students—essentially a community of peers—join together to create and enjoy the great dance of life, now as collaborators in our 'Academy of the Willing!' Apply. Let us meet you. We'll chat about exciting opportunities in which passions and interests drive one's job responsibilities.

The Osher Lifelong Learning Institute at the University of Missouri is looking for staff for a program that provides folks age 50 and better with non-credit courses, conducted by volunteer faculty—many of whom are drawn from both emeritus and currently active professors. While the demands of the position are many, salient among them is the design of courses and the recruitment of volunteer faculty to conduct them. Of course, development skills—fundraising and grant writing—too, are important. If intelligence, knowledge and interpersonal skills are right, you may very well have a wonderful job that pays just enough to augment your retirement income.

A master's degree in education or designated field is preferred or an equivalent combination of education and experience from which comparable knowledge and abilities can be acquired is necessary. Three to four years experience in continuing education is certainly a plus.

Telephone for an appointment (573-884-5927) to meet with our Advisory Council

***Osher Lifelong Institute is a part of MU Extension
 Continuing Education and is an AA/EEO employer***

ONE-DAY PARKING PERMIT

**MU Retirees Association
Fall Social**

**October 14, 2010 (Thursday)
4:00 p.m.–6:00 p.m.
Turner and
Conley Street Garages**

Reynolds Alumni Center

(Place on dashboard facing forward.)

Driver of this vehicle

Balance on hand July 1, 2009

\$6,044.00

Income:



Dues-Annual	\$2,527.50
Dues-Lifetime	1,650.00
Golf Fees	2,035.00
Vanguard Fed Bond Fund	160.88
Vanguard VGI 500 IX Inv	924.34
Holiday Luncheon	2,820.00
Spring Picnic	943.50

Total Income

11,061.22

\$17,105.22

Beginning Balance and Income

Disbursements

Operations:

AROHE Dues	\$100.00
Copy Expense	0.00
Filing Fee State of Missouri	10.00
Checks	19.95
Postage	0.00
Post Office Box Rent	28.00
Flagship Council	100.00

Subtotal

\$257.95

Golf Tournament:

Green Fees, Col Parks & Rec	\$843.00
Green Fees, Univ of Missouri	544.00
Rex Dillow, Expenses	303.70

Subtotal

\$1,690.70

University

Printing Brochures & Letterhead	\$0.00
Business Meeting	489.75
Fall Information Meeting	311.85
Holiday Luncheon	2,912.07

Subtotal

\$3,713.67

Newsletter-July & October

Postage	\$696.92
Publishing/Printing	877.14

Subtotal

\$1,574.06

Miscellaneous

Twin Lakes Shelter Rental	\$40.00
Spring Picnic	864.00

Subtotal

\$904.00

Total Disbursements

\$8,140.38

Checkbook Balance March 31, 2010

Balance June 30, 2010

\$8,964.84

Other Assets (1)

6/30/09

6/30/10

Lifetime Members Reserve Acct: Vanguard Portfolio

Short Term Fed Bond (\$8,000 Invested)	\$8,167.67	\$8,348.58
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500 Index Fund (\$42,000 Invested)	37,576.96	42,096.67
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Certificates of Deposit, BCNB(Matures 07/05/10)	1,879.59	1,904.87
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Total Other Assets

\$47,624.22

\$52,350.12

(1) This asset pool was established primarily from lifetime membership dues.

The income from this pool is needed to replace the lost income from dues lifetime members no longer pay.

Annual MURA Income and Expense July 1, 2009– June 30, 2010

Submitted by Gary Zwontitzer, Treasurer

MURA

University of Missouri
MU Retirees Association
P.O. Box 1831
Columbia, MO 65205

NON-PROFIT ORG.
U.S. POSTAGE
PAID
University of Missouri

(Check in your address above to see whether or not your membership dues need to be paid.)



MU Retirees Association Membership

Date _____

☐ Renewal ☐ New member Retirement year _____ Title ☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms. Other _____

Name (last) _____ (first) _____ (middle initial) _____

Permanent address Street and number _____ City _____

State _____ Zip code+4 digits _____ E-mail address _____ Phone _____

Alternate address Street and number _____ City _____

State _____ Zip code+4 digits _____ E-mail address _____ Phone _____

☐ Retired staff ☐ Retired faculty ☐ Spouse of retiree ☐ Pre-retiree

Type of membership (check all applicable)

<input type="checkbox"/> Annual for retiree	\$7.50	<input type="checkbox"/> Annual for pre-retiree	\$7.50
<input type="checkbox"/> Lifetime for retiree	\$75.00	<input type="checkbox"/> Lifetime for pre-retiree	\$75.00
<input type="checkbox"/> Annual for spouse	\$7.50	<input type="checkbox"/> Annual for pre-retiree spouse	\$7.50
<input type="checkbox"/> Lifetime for spouse	\$75.00	<input type="checkbox"/> Lifetime for pre-retiree spouse	\$75.00

Mail with your check to: MURA
P.O. Box 1831
Columbia, MO 65205-1831